

Online Interactive Learning

Motivational Interviewing: The Basics

About this Training:

- This will be a small group highly engaging and interactive experience. Motivational Interviewing is a client-centered, evidence-based directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. This training will discuss this effective approach provide participants with an opportunity to explore creative ways of integrating these approaches into an effective therapeutic intervention. This online facilitated training will be an interactive experience for a multi-disciplinary audience. Participants will engage in experiential methods such as information exchange, listening to recordings, group discussions, paired skills practice, and self-reflective exercises.

Audience:

- Social workers, healthcare professionals, recovery coaches, counselors, and workers who have direct interactions with the people we serve.

Objectives:

- Learn the fundamentals of Motivational Interviewing (MI) spirit, structure & skills
- Explore ambivalence as a barrier to change
- Learn and practice MI on “challenging” people through role playing and discussion

Details:

- January 13th & 14th, 2021, 11am - 3pm Eastern Time (USA)
- Two two-hour follow-up sessions with the trainer, the next two Thursdays at 11am
- Continuing Education Contact Hours: 11
- Cost: \$175/person, includes 16 weekly follow-up emails reinforcing the concepts

Ali Hall, J.D., MINT, is an independent contractor and trainer, and has designed and facilitated over two hundred Motivational Interviewing workshops for behavioral health clinicians, program administrators, educators, social and child welfare workers, health care providers, health coaches, and criminal justice professionals, and provides training for trainers in evidence-based practices. Ali is also a Motivational Interviewing consultant and received her training in Motivational Interviewing (MI), the Motivational Interviewing Treatment Integrity (MITI) model, Motivational Interviewing for Supervisors (MIST), Evidence-Based Practices for Supervisors, and Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency (MIA-STEP) through the University of New Mexico, the Mid-Atlantic and North East Addiction Technology Transfer Centers, and the National Institute on Drug Abuse (NIDA).



Details & Registration: <https://www.hetimaine.org/mi-basics>



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