

# FREE LOCAL PARENT SERIES

Talking with and **understanding our youth** can sometimes be a challenge—especially when it comes to certain subjects.

Learn and talk with experts for **how, when, and what to do** to help keep our youth engaged and healthy.

## FEATURING

- **Stephen Andrew, LCSW**  
Motivational Interviewing Trainer and Expert
- **Deborah Q. Hagler, MD**  
Pediatrician  
MID COAST MEDICAL GROUP - Pediatrics

### To register:

Email [jgodo@midcoasthealth.com](mailto:jgodo@midcoasthealth.com)

Or call **373.6970**

*Space is limited. Advanced registration is required.*



*Access Health is a community coalition working to encourage healthy living and prevent teenage substance use in Sagadahoc County, Brunswick, and Harpswell.*

## EVENTS

### Monday, Aug. 21

**Motivational Interviewing:**  
*How to get  
& keep the  
conversation going*

Curtis Memorial  
Library,  
Crooker Gallery  
**1 - 4 pm**

### Thursday, Aug. 24

**Straight Talk with  
the Doc:** *Hear from  
and ask the tough  
questions about  
changing bodies  
& brains*

Topsham Public  
Library, Highlands  
Community Room  
**6 - 7:30pm**

### Monday, Aug. 28

**Motivational Interviewing:**  
*How to get  
& keep the  
conversation going*

Bath Middle  
School Cafeteria  
**5 - 8pm**